



1

Colorful Connections

Adaptive Skills for Interpersonal Synergy

Are you good with people? Your success and happiness depend on it!

Do some people irritate you without saying a word, but when you get to know them you find out they are actually pretty cool? Do you like some people immediately when you meet them – and then later discover that you really don't like them at all?

Welcome to the world of personalities!

Personality style differences are the single biggest cause of interpersonal stress. Learning to navigate these differences is the key to your success with relationships at all levels: spouse, kids, community and career.

In this highly interactive program, our team of experienced trainers will:

- Introduce you to the fundamental building blocks of personality styles.
- Show you the four basic personality styles and how to recognize them.
- Teach you how to connect from any style to any style with ease.
- Give you ideas on how to better communicate, work through stress, function in teams and have fun with those around you.

This program is packed with fun and interactive activities that will help improve your relationship with everyone!



Fundamental Building Blocks of Personality Styles



The following workshops build on the knowledge gained in Basic Colorful Connections, but can also stand alone as the personality types are reviewed at the beginning of each of the sessions.

2

Managing Stress and Mastering Change

Do certain people PUSH YOUR BUTTONS? Do you find it difficult to DEAL WITH CHANGE?

In this fun, interactive, life changing workshop you will learn the magic to making HOT BUTTONS DISAPPEAR. Work on REAL SITUATIONS to develop REAL SKILLS you need to manage stress and change. A great team building workshop to do BEFORE making changes in your organization.

3

Excellent Customer Service

Earning customer loyalty is difficult – keeping it is critical. Learn the essential skills you need to keep your customers happy and singing your praises.



"I walked in the room a skeptic and walked away transformed. Thanks Soul Canyon."

- Bonny Barney

Walk away with hands-on tools you can use immediately and improved people skills to help you better anticipate customer needs and give them the service THEY want. Learn how to increase team cohesiveness and collaboration to make your work environment a happier place for your employees and a better place to shop, eat and do business.

This training is a must for ANYONE who works with people.

"We have worked with Soul Canyon to put on two wonderful training programs that were enthusiastically attended by our staff. The programs were highly engaging and fun and our staff came away with new sets of skills as well."

- John Connolly

"They have the most amazingly energetic and knowledgeable trainers I have ever experienced. I would happily attend ANY program they put on."

- Stacie Grier



4 Leadership Essentials

What makes a good leader? How do you develop those skills? These questions and more will be explored and answered in this highly engaging session. Participants will start by learning Self Leadership, and will then expand to learn how to handle formal and informal leadership opportunities. Specific attributes will be defined and explored and tools will be identified to help attendees starting moving down the path of being a strong leader.



5 Personal Transformation

Soul Canyon's Personal Transformation Program is an 8-session coaching program designed to connect the client to their core values, mission, vision and passion. Once these foundations are defined and set, goal setting and accomplishment of specific objectives is the focus. Program includes 8 1-hour live or telephone sessions, workbook, email contact.

Let the professionals at Soul Canyon Training & Development create a Custom Learning Path designed specifically for you and your needs.

- ✓ Programs for All Budgets
- ✓ Live Events Available
- ✓ Customized Programs from 1 Hour to 3 Days
- ✓ Purchase Programs Online
- ✓ "Train Your Trainer" Programs



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