

Kristin Warnaca

WILDER INTIMACY COACHING HOLISTIC EMPOWERMENT



*fill your heart with love
& your life with pleasure*



DREAM CLIENTS

- ✧ Couples who want to go from 'good' to 'OMG!'
- ✧ Singles who want to experience epic love
- ✧ Individuals who want to get 'unstuck' or 'spice things up' in the bedroom or relationships
- ✧ People looking for the "more" of lovemaking: deep healing, shadow work, devotional kink, profound transcendent or spiritual experiences
- ✧ Get mojo back after divorce or heartbreak

REFERRAL POWER PARTNERS

- ✧ Marriage & family therapists
- ✧ OB/GYNs, Midwives, & Urologists
- ✧ Podcast Hosts
- ✧ Pelvic floor PT
- ✧ Naturopaths, Nutritionists
- ✧ Sex & body-positive communities
- ✧ Boudoir photographers

I HAVE A SPECIAL SOFT SPOT FOR...

- ♥ People with conservative religious backgrounds
- ♥ People who want to learn about themselves and become fully erotically alive on their own
- ♥ People whose partner is not willing to address the work (it only takes ONE!)
- ♥ Those healing after narcissistic or emotionally abusive relationships
- ♥ People developing a healthy sexual ethic
- ♥ People healing after sexual assault, injury or trauma

NOT A FIT...

- ✗ Last ditch effort/the love is gone
- ✗ Ongoing relationship abuse or neglect
- ✗ Recent infidelity
- ✗ Active addiction

HOW TO REFER ME

*I love being connected by text and email!
Please share my Calendly link with potential clients to book a complimentary, no-sales "Passionate Possibilities" call to see if we could be a good fit.*

SPECIALITIES & PROGRAMS

EROTIC BLUEPRINT BREAKTHROUGHS® | GREEN FLAG DATING™ | BREAKUP MOJO™ |
DEVOTIONAL KINK™ | WHEEL OF CONSENT® | SOMATIC SHIBARI STORYTELLING™

www.wilderintimacy.com



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PLEASURE MAVEN, LIVING PERMISSION SLIP, ACCIDENTAL REBEL, HOLY FREAK, MIRROR OF TRUTH.
TRANSMISSION OF UNCONDITIONAL LOVE

MY FAVORITE THINGS

- ♥ Dance! Especially Tango & West Coast Swing
- ♥ Live Music, Heavy Metal & TOOL
- ♥ Hanging out my husband and 3 teenage kids
- ♥ Books: The Power of One, Book Thief
- ♥ Currently Watching: Vikings
- ♥ I geek out about: Human Design

GOALS & BURNING DESIRES

- See Erotic Blueprints listed on dating profiles just like the 5 love languages & Myers Briggs!
- Change the way the world loves
- Make dating kind again
- Build a cabin in the woods with my husband, raise bees & host retreats & workshops on our land
- Host women's circles in a 26' tipi
- Learn to bake artisan breads

RANDOM FACTS

- I don't ski
- Cultural virgin: I grew up without TV or radio
- I love cardamom sea salt lattes & snickerdoodle cookies
- My daughter is named after a character in Lord of the Rings
- I have post-concussive synesthesia

CERTIFICATIONS

- Erotic Blueprints™ Coach
- Certified Hypnotherapist
- Somatic Attachment Therapy Practitioner
- Wheel of Consent Like a Pro
- OOLA Life Coach
- OOLA Green Gap Finance Coach
- OOLA Advisory & Mentor Coach
- Accelerated Evolution Coach, Warrior Sage Academy
- Leadership Coach with Building Up Leaders
- DONA-Certified Birth Doula
- Hypnobabies Childbirth Hypnosis Educator
- BA, English Lit & Speech Communication

PERSONALITY INFO

Human Design: 5/1 Emotional Generator, Right Angle Cross of the Alpha
Enneagram Tritype: 2/7/9
Firstborn Leo, ENFP
StrengthsFinders: Empathy, Woo, Strategic, Communication, Activator
Erotic Blueprints: Kinky Shapeshifter



Referrals: what to listen for...

If you hear a friend, family member, client or customer say...

FINDING LOVE...

- ◇ "I'm ready for something real"
- ◇ "I want to move on but I'm still not over my ex"
- ◇ "I don't even know who I am anymore or what I like"
- ◇ "I want to get 'out there' and date... but online dating is overwhelming/scary"
- ◇ "I've got to take a break, I'm exhausted from all the ghosting"
- ◇ "All the good ones are taken"
- ◇ "It's been ____ years since I've been naked with someone new. HOW DOES THIS EVEN WORK?"

NEW STAGE:

- ◇ "We are empty nesters!"
- ◇ "The new baby/kids are exhausting us, everything feels different since we became parents"
- ◇ "We're brand new and want to really understand each other"

HEALING

- ◇ "I'd love to be more adventurous but I can't seem to ditch my conservative upbringing"
- ◇ "I'd really like to be able to orgasm with my partner"
- ◇ "I'm so self conscious/in my head it's hard to relax and enjoy myself"
- ◇ "I need to move on from ____"
- ◇ "I need to forgive myself/someone else so I can really trust again"
- ◇ "Is this OK? I have xyz desires... am I normal?"
- ◇ "I'm too much" & "I'm not enough"

READY FOR MORE

- ◇ "It started out amazing but we're getting a little stale..."
- ◇ "I've always wanted to try/been curious about..."
- ◇ "Since the kids came we feel more like roommates than lovers"
- ◇ "I want to be able to talk comfortably with my partner about sex and spice it up again"
- ◇ "It's awesome. AND I want to know what ELSE there is to explore"
- ◇ "I've done a lot of work on my personal growth but neglected my sexuality"
- ◇ "We're talking about opening our relationship or want to explore kink"

My clients are talking ...

"WOW! the more pleasure I have in all aspects of life, the happier and more whole I feel. I listen to my body more. I can't believe I was missing out on this until now." - E

"Next level breakthrough. This is crazy amazing. I had no idea of my own capabilities. Allowing pleasure is so fun! Thanks for this new way of thinking and being!"

- Gwen

"You gave me my balls back. and now I can live from my balls and my heart fully. no more shame."

-Shawn

"Working with Kristin, I discovered that I don't actually NEED others in order to feed my own erotic blueprint. I can be responsible for listening, loving, and taking care of myself in my self-pleasure. I never thought I could create so much intimacy with myself".

-Sam

"What HAVEN'T you taught me (lol). I'm wildly aware now that I possess a sexual energy and power that I had no idea I had a connection to. I'm also now aware that I have more kink in me. Like, that was super repressed but SUPER HOT. I could sing your praises all day long."

-Kristy

After working with Kristin, something as simple as holding hands was different; we are more aware and able to meet each other's specific needs. It got us thinking differently about our relationship, our conversations and the way that we can turn each other on. We feel like we were a part of life changing work!

- G&A

More client love...

"Before coaching, I felt resigned and cynical about sex and dating. I was tired of hook-up culture. After working with Kristin, I feel SO much permission to explore, communicate, and understand myself and others. I feel empowered to create my dream partnership and family using these tools." -Sam

"I WAS TERRIFIED TO TALK ABOUT SEX BEFORE. AND DIDN'T REALLY SEE IT AS A PRIORITY.

AND NOW... WELL, LET'S JUST SAY, I LOST COUNT OF MY ORGASMS LAST NIGHT! LEARNING HOW TO GET OUT OF MY OWN HEAD AS A SENSUAL AND FEEL MY BODY IS A GAME CHANGER. MY HUSBAND ASKED, 'WHAT HAS GOTTEN INTO YOU!?'
-ERIKA

"A highlight of the coaching program with Kristin was creating a 'pleasure chest... through experimenting, I've discovered there's a whole new world of sensation that I've never had access to."
- Sam

"STOP WHAT YOU'RE DOING RIGHT NOW AND BOOK KRISTIN! I DIDN'T KNOW THERE WAS SO MUCH TO LEARN ABOUT SEX UNTIL I WORKED WITH HER..." "SHE TAUGHT ME HOW TO COMMUNICATE WHAT I WANT IN THE BEDROOM AND WHY THAT'S IMPORTANT (AKA, GUYS CAN'T READ YOUR MIND!)

MY PARTNER IMMEDIATELY COMPLIMENTED MY COMMUNICATION SKILLS IN THE BEDROOM. I DIDN'T REALIZE HOW MUCH MORE ELEVATED MY EXPERIENCE COULD BE!"
- ALICE

Coaching Programs & Packages:

WILDER INTIMACY™: A LOVERSHIP JOURNEY

This is the bridge from where you are right now as a couple to where you really want to be: Lovers, not roommates! Remove the obstacles blocking your connection, (re)build a foundation of authentic trust and safety, and develop genuine empathy, vulnerability, and authenticity.

EROTIC BLUEPRINTS BREAKTHROUGH®

What if... there was a simple way of understanding your "native language" when it came to intimacy and pleasure? The Erotic Blueprint types are like the 5 love languages... but for the bedroom! 8 video modules, workbooks, embodiment practices, Adventure Dates & Sexy Sex Labs + emotional intimacy-building communication games & conversation prompts will help you determine your core Erotic Blueprints, Sexual Stages, Obstacles to Pleasure, and unique Superpowers.

DEVOTIONAL KINK™

What if it wasn't all dungeons & leather (though that's fun too!)? Discover the beauty and spiritually healing of deep devotion, anticipatory service, joyful surrender, the fulfillment of your deepest longings, and find your strength through the art of worshipful submission.

BREAKUP MOJO™

Specifically designed for people recovering from heartbreak and identity loss following a breakup or divorce. (Re)build a genuine sense of self, healthy boundaries, and fall in love with your own life. This program incorporates the tenets of the OOLA Life Coaching system as well as somatic attachment tools and practical skills to build a life with deeper purpose, more balance, set healthy boundaries, stop people-pleasing, and develop healthy self-relationship patterns.

GREEN FLAG DATING™

Stop settling or overlooking red flags, and learn how to ENJOY dating! No more overwhelm, swiping fatigue or learning the hard way; this program blends deep self-inquiry with fun, practical, actionable steps AND tangible skills to get clear about who you are and what you desire, come into full alignment with your vision, and become a magnet for epic love.

Kristin Believes...

- You're not broken
- Where you are is just where you are, not who you are
- You can always get your mojo back
- Sex gets to be FUN: its how we play as adults
- Communication is Lubrication - talking about sex can be fun instead of scary
- There is no upper limit to pleasure
- Sex is natural, but *lovemaking is an art*, it's worth it to ask for help & learn new skills: no one is born knowing how to be a good lover
- The more nourished & fulfilled you are sexually, the more successful you are in other areas of life
- Sexual energy is LIFE FORCE energy
- Sex is not just something you do; it's a place you go & experience you co-create
- Sex can be the most healing, transformative, freeing, and joyous part of your relationship
- There is wisdom in the middle path: neither being ashamed of nor growing addicted to your desires
- Everyone has experienced trauma. Healing is always possible
- Pleasure is your birthright

Networking 121 or Complimentary Consult

Some people love salted caramel and dark chocolate. For others Swedish Fish and Skittles are their thing (nothing wrong with either). Let's find out if I'm your flavor and you're mine!

Professional Collaboration: Let's get to know one another! I look forward to our networking meeting and learning more about what you do, how I can help you grow your business, potential collaboration options, and sharing about what I do. :)

Complimentary Consultation: In this 60-minute exploratory session, we will become 'erotic detectives' and discover what you most desire, crave, and what may be missing in your love & intimate life. We will take a preliminary look at your desires, the obstacles holding you back, and see if we might be a match made in heaven!



• BOOK A CALL •
WITH KRISTIN



Schedule a Call



XOX,

Kristin